

IMPROVING HEALTH HAS MANY REWARDS



Cigna Healthy Rewards®

Start saving today with Cigna Healthy Rewards.

A healthy choice deserves a healthy reward. Cigna Healthy Rewards® program includes discounts on a wide variety of health and well-being programs and services you use every day.

No referrals. No claim forms. No catch.

The choice to use Healthy Rewards is entirely yours. The program is separate from your health benefits coverage, so the services don't apply to your plan's copays or coinsurance. No doctor's referral is required – and no claim forms, either. Set the appointments yourself, show your ID card when you pay for services and enjoy the savings.

For a complete list of Healthy Rewards vendors and programs:

- › Log in to [myCigna.com](https://mycigna.com)
- › Click “Review my coverage” and choose “Discount Programs – Healthy Rewards”

Or call toll-free **800.870.3470**



Discounts are available for the following health and well-being programs:

- › Weight management and nutrition
- › Fitness
- › Tobacco cessation
- › Mind/body programs
- › Vision and hearing care
- › Alternative medicine
- › Healthy lifestyle products

Together, all the way.®



*Healthy Rewards is a discount program. If you are a customer of one of Cigna's network, pharmacy or dental products, you are eligible for the Healthy Rewards discounts. This program is in addition to, not instead of your plan benefits. Healthy Rewards programs are separate from your medical benefits. A discount program is NOT insurance, and the member must pay the entire discounted charge. Some Healthy Rewards programs are not available in all states and programs may be discounted at any time.

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